

असतो मा सद्गमय, तमसो मा ज्योतिर्गमय ॥



SUMMER VACATION ASSIGNMENT 2026 CLASS-VII

Time To Shine

Books are closed, the Sun is bright,
Summer calls with warm daylight.
So, chase the clouds, enjoy the sun,
But keep in mind- we are not yet done.

The tasks we give with love and care,
To keep your curious minds aware.
Read and write, create and play,
Come back stronger, come what may.

We'll wait for you, with doors open wide,
With stories of Summer and brighter pride.



**Summer
Vacation**

MAKE YOUR SUMMER COUNT!

Dearest Hallmarkite!

Summer break is your time to relax, but also to grow in ways textbooks don't teach. Here's how to make these 30+ days count:

1. REST WELL, RISE WELL

- Sleep 8-9 hours. No late-night scrolling!
- Start your day early at least 3 times a week. Morning energy is different!.

2. LEARN WITHOUT PRESSURE

Pick any 2 from this list:

- Read 2 books — story, comics, or GK. No school books!
- Learn 1 new skill — cooking a dish, cycling, origami, coding, guitar, calligraphy
- Help at home 20 mins daily — water plants, set the table, fold clothes. Real-life skills matter!
- Journal 3 lines daily — “Today I felt... I learned... I'm grateful for...” Builds self-awareness!

3. BODY & MIND FITNESS

- 60 mins physical activity daily — dance, badminton, skipping, walk with family. Do it before 9 am or after 6 pm. Beat the heat!
- Screen limit: 1.5 hours max for fun. Use the rest to create, not just consume.

4. FAMILY & ROOTS

- Talk to parents/grandparents. Ask them one story from their childhood each week.
- Learn one recipe or one song from your mother tongue/culture.

5. GIVE BACK

- Teach something to your younger sibling/cousin or house help's child.
- Do 1 act of kindness weekly — feed birds, save water, plant a sapling.

Come back with tan lines, new skills & stories and big smiles, not just completed notebooks.

A NOTE FOR THE PARENTS

Please support your child in following this without pressure. The goal is joyful learning and family bonding. Let them get bored sometimes — that's where creativity starts. Avoid over-scheduling with camps.

Thank you for partnering with us!

Best wishes

HALLMARK TEAM

NOTE: DO ALL THE WORK IN YOUR RESPECTIVE SUBJECT NOTEBOOKS OR AS DIRECTED.

ENGLISH

Q.1 Prepare a PERSONAL PORTFOLIO with the following:

Introducing Myself:

My Strengths:

I Need to Improve On:

My Achievements:

I Have Participated In:

Books I Have Read:

The Book I Wish to Read:

Prepare a file with A4 size sheets.

Q.2 You are Ravi /Rita, the Cultural Secretary of ABC High School, Mysore. You have been asked to inform students of class IX to XII about an Inter School Dramatic Competition. Draft a notice for the students' notice board with all necessary details.

Q.3 Prepare a **Cover Page of a Magazine** entitled "Father of the Year" on Father's Day, dedicating your father.

Q.4 VOCABULARY BUILDER:

Create a Mini-Dictionary with 30 new words (Alphabetical Order).

- Definitions and usage in sentences

Q.5 LISTENING ACTIVITY:

- Listen to these talks of wonderful people every week.

<https://youtu.be/C5EG1-w7fYo>

Josh talk by Arunimna Sinha

- No one can stop you if you are determined in your life.

https://youtu.be/7fIL5s_Kq68

- Dr. APJ Abdul Kalam's Life Advice Will Change Your Future (MUST WATCH) Motivational Speech

<https://youtu.be/xQjp8wPylFs>

- Sachin Tendulkar's farewell speech showing gratitude towards everyone who contributed in his life.

Learn and practice the habit of Gratitude. It brings magical change in life.

<https://youtu.be/w1V3gZv0ebY>

Speech by Gaur Gopal Das. Avoid negativity. Stop complaining. Be happy for what you have.

हिंदी

व्याकरण:(1) पाठ 6 (ग) अनेकार्थक शब्द (1-30) अपनी हिंदी कार्यपुस्तिका में लिखें व याद करें।

(2) पाठ 6 (च) एकार्थक प्रतीत होने वाले शब्द (1-15) अपनी हिंदी कार्यपुस्तिका में लिखें व याद करें।

लेखन कौशल: अनुच्छेद लेखन करें :

'सुलेख का महत्व'

कथा मंजूषा: पाठ 3, 4 पढ़ें व अपनी हिंदी कार्यपुस्तिका में प्रश्न उत्तर लिखें।

MATHEMATICS

Q.1 Solve the following Assignment from 'Frame of Mind' textbook in your Mathematics notebook:

Ch-1 A Large Numbers Around Us:

- Subjective questions: very short answer type, short answer type, long answer, Competency Based Question, Assertion and reason (Pgs. 18 to 20)

Ch-2 Arithmetic Expression:

- Subjective questions: very short answer type, short answer type, long answer, Competency Based Question, Assertion and reason (Pgs. 36 to 39)

Q.2 Solve the following Puzzles in your Mathematics Textbook: Frame of Mind.

- Ch-1 : Puzzle (Pg. No. 21)
- Ch-2 : Puzzle (Pg. No. 39)

Q.3 Solve Ch-3 and Ch-4 of Thinking Skills (Reasoning and Aptitude) in the book.

Q.4 Multi-disciplinary Projects:

- Prepare a Mind map of Ch: 3 'A peek Beyond the Point' on A4 sized sheet.
For reference: Mind Map is given in the Frame of Mind (Pg. No.: 58)

Note: The above reference is given for an idea only. Use your creativity.

SCIENCE

- Do Chapter-2 (Pg. No. 37 to 39) & Chapter-4 (Pg. No. 78 to 81) of Interactive Science in the Science Notebook.

- Project Work: Model Making

1. Respiratory System

Roll Nos. 1-12

<https://youtu.be/HcetnVG7SGg?si=CjRS1b3aB0VHRVHT>

2. Automatic Water Fountain without Electricity

Roll Nos.13-24

<https://youtu.be/7iSNKGNWTow?si=on1B1p1Gx3vQQ7VI>

3. A Water Dispenser

Roll Nos. 25-35

<https://youtu.be/QmSO38x52r8?si=WC9-u63BNLwRwwqC>

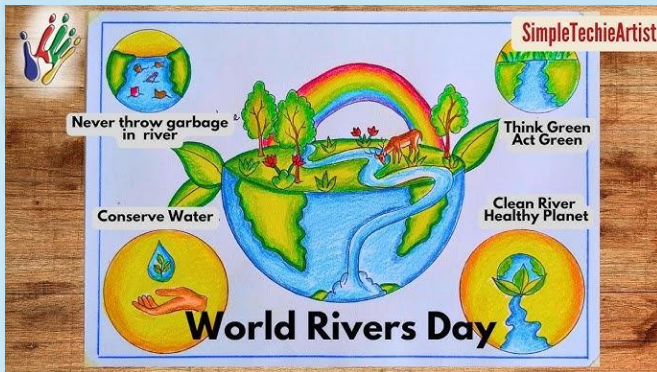
Summer
Vacation

SOCIAL SCIENCE

- Q.1 Read Ch-6, Our Country – India, highlight the difficult words and solve the back exercises.
Q.2 Revise all the chapters done in the class thoroughly.

Activities:

- (A) **Creativity Skills-** (Roll Nos. 1 to 10) Design a poster highlighting the importance of a sacred river or mountain in India. Add slogans and symbols to show its ecological and cultural value.



The given picture
is for the
reference only.

- (B) **Hands-on Learning Skills-** (Roll Nos.11 to 20) Make a rain gauge using a plastic bottle. Cut the top, place a funnel, and mark measurements on the side. Record rainfall each day for a week and compare.



The given picture
is for the
reference only.

https://www.youtube.com/redirect?event=video_description&redir_token=QUFFLUhqbIFiaVpIOUc0aW9tN21SSFVON2NKcjl0YVoxd3xBQ3Jtc0tuTzh6djdJTHpKcnF1RXdtNENkVXNjZDZlYU4wQkVMS28tVGQyajlZM2pQSk1faUVMZFI5NzJPb01TeS0tc2h1SmDiVFA5ZUdmckVZMmhMMEExQeDFZX0dXQnp6Y2Z3a0hJX2VZY0YwU2xoZWc3U2hxdw&q=https%3A%2F%2Fwww.wdio.com%2Ffront-page%2Ftop-stories%2Fweatherz-school-diy-thermometer%2F&v=jKGtFnU50ek

- (Roll Nos. 21 to 30): "Make A Few Ancient Punch Marked Coins Using Clay. Try To Give Them The Appearance"-



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reference only.

(b) (Roll Nos.31-35): Subject Integration- “Create a collage map of India showing its landforms using natural textures: cotton for snow, sandpaper for deserts, green paper for forests, blue colour waves for seas and rivers”.



The given picture is for the reference only.

ICT

Q.1 Do all the work neatly on an A4 size Colourful sheet. Write with proper headings and use a ruler for tables:

1. Title Work

Write on the top of the sheet:

“Number System Conversion in Computer”

Decorate the title with borders.

2. Conversion Table

Complete this table on your A4 sheet:

Decimal	Binary	Octal	Hexadecimal
2	10	2	2
5	101	5	5
8	1000	10	8
10	1010	12	A
15	1111	17	F

Draw and Label

Draw a simple diagram showing:

